



IN BALANCE

SPA BY NOVOTEL

Take time to relax and disconnect at In Balance Spa

TREATMENT HOURS

In Balance Spa is open from 10:00am to 9:00pm. Reservations are highly recommended to ensure your preferred treatment time is available.

PRE-ARRIVAL INFORMATION

Should you wish to enjoy our complimentary steam room facility, please book in advance and arrive at the spa reception at least 10 minutes prior to your scheduled appointment. Kindly understand that if you are delayed, your treatment time will be limited as a courtesy to the next guest. Upon arrival, please switch off your mobile phone.

SPECIAL REQUESTS

Our Spa therapist will make every effort to accommodate your personal preferences. Prior to starting your treatment you may fill in a preference form to make these known to our team.

WHAT TO WEAR

Maintaining your sense of comfort is extremely important to us. Most body treatments at the spa are enjoyed without clothing and you will be discreetly draped at all times. Disposable underwear, robes and slippers are available for your use at the Spa.

SPA RECOMMENDATIONS

If you are under supervision of a doctor or medical specialist, please obtain permission from your doctor before scheduling services at the Spa. It is your responsibility to inform the therapists of any medical conditions or physical limitations you may have.

CANCELLATIONS

All treatments can be canceled at no charge up to 4 hours before the appointment. Where cancellations take place less than 4 hours prior to the scheduled treatment time, the client will be charged 50% of the price of the treatment. Where clients fail to attend at the time of appointment without any prior notification, payment for all treatments shall become due, with 100% of the treatment being charged.

MASSAGE & SPA

Calm your mind and draw in the serenity of your surroundings as our professional massage therapists provide you with a moment to leave the cares of the world behind.

IN BALANCE SIGNATURE PRICE

<i>In Balance Scrub (30 mins)</i>	90 mins	1900
<i>Fusion Massage (60 mins)</i>		

KAMALA SIGNATURE

<i>Coconut Scrub (30 mins)</i>	120 mins	2200
<i>Warm Pouch Massage with Coconut Oil (90 mins)</i>		

MASSAGES

Designed to soothe the body and relieve muscle tension, leaving you completely refreshed and rejuvenated.

<i>Thai Massage with Herbal Compress</i>	90 mins	1700
<i>Aromatherapy Massage</i>	60 mins	1200
<i>Deep Tissue Massage</i>	60 mins	1200
<i>Sport Massage</i>	60 mins	1200
<i>Thai Body Massage (no oil)</i>	60 mins	900
<i>Head & Shoulder Massage</i>	30 mins	600
<i>Back Massage</i>	30 mins	600
<i>Foot Massage</i>	30 mins	600

BODY SCRUB

Complete your spa package with a body polish made from natural ingredients, freshly concocted before your treatment. Please note that body scrubs must be combined with a massage and are not available on their own.

<i>Coco Coffee</i>	30 mins	600
<i>Flower Floral</i>	30 mins	600
<i>Tropical Fruit</i>	30 mins	600

BODY WRAP

Complete your spa package with a body conditioner to nourish your skin, leaving it soft and supple. Please note that body wraps must be combined with a massage and are not available individually on their own.

<i>Asian Sense</i>	30 mins	600
<i>Kamala Beach</i>	30 mins	600
<i>Sun Sand</i>	30 mins	600

FACIAL

Indulge in our revitalizing facial treatments that leave your skin glowing with refreshed vitality.

<i>Balancing Facial</i>	60 mins	1900
<i>Express Facial (no massage)</i>	30 mins	1200

HAND AND FEET TREATMENTS

Get your hands and feet in tip top condition with a relaxing manicure or pedicure

<i>Manicure</i>		850
<i>Pedicure</i>		850

SPA PACKAGES

In balance Spa presents a selection of packages specially designed to refresh and rejuvenate the mind, body and spirit.

PACKAGE A: <i>Choice of Body Scrub & Body Massage</i>	90 mins	1700
PACKAGE B: <i>Choice of Body Scrub, Body Wrap, & Body Massage</i>	120 mins	2200
PACKAGE C: <i>Choice of Body Scrub, Body Massage, & Facial</i>	150 mins	2700
PACKAGE D: <i>Choice of Body Scrub, Body Wrap, Body Massage & Facial</i>	180 mins	3000
PACKAGE E: <i>Choice of Body Scrub, Body Wrap, Body Massage, Facial & Jacuzzi</i>	210 mins	3500

NOVOTEL & FAMILY

Available for children between ages 8-12 (under 8 must accompanied by a parent)

<i>Kids Massage</i>	60 mins	900
<i>Kids Body Scrub or Wrap</i>	30 mins	300
<i>Aromatherapy Jacuzzi Bath</i>	30 mins	900

